



# **Safe Medication Disposal**

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



Of older adults (ages 57 to 85 years) use at least one prescription medication daily<sup>1</sup>



Americans aged 12 or older misuse prescriptions in a year<sup>1</sup>



Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets<sup>1</sup>

## Proper disposal of unused medications saves lives.

## SIOUX COUNTY

### Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos!

#### DisposeRx®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.

#### **Deterra** ® **Drug Deactivation System**

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



https://disposerx.com/page/5/product-and-program#video (Link)



https://deterrasystem.com/resources/videos/ (Link)





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### **Sioux County Drop-Off Locations**

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

- + **Booth Pharmacy** 903 Central Ave Hawarden, IA 51023 712-551-1616
- Lewis Family Drug #39
  521 Black Forest Rd Suite 5
  Hull, IA 51239
  712-439-1611
- + Dutch Mill Pharmacy 104 Albany Ave NE Orange City, IA 51041 712-737-4844
- + Sioux County Sheriff's Office 4363 Ironwood Ave Orange City, IA 51041 712-737-3307
- + Hegg Memorial Health Center 1200 21st Ave Rock Valley, IA 51247 712-476-8100
- + Lewis Family Drug 1227 Valley Dr Rock Valley, IA 51247 712-476-5171

+ Hy-Vee Pharmacy #1622

> 1951 S Main Ave Sioux Center, IA 51250 712-722-3516

- + Lewis Family Drug 143 S Main Ave Sioux Center, IA 51250 712-722-2704
- + Sioux Center Health 1101 9th St SE Sioux Center, IA 51250 712-722-1271